

*The 5-Day Job Search* by Annie Margarita Yang

## Finding Your Calling: A Career Self-Discovery Worksheet

The path to discover your true calling is a process that requires patience, dedication, and time. This worksheet is designed to guide you on this introspective journey. It's a tool to help you unravel your unique abilities, interests, values, and aspirations – the core elements that constitute your calling.

This guide is divided into several sections to help you examine different aspects of your personal and professional life. Each section contains reflective questions aimed at helping you peel back the layers of your experiences, passions, skills, and dreams, much like unearthing the seed of your calling.

Your task is to fill out this worksheet thoughtfully and honestly, keeping in mind there are no wrong answers. Allow yourself the freedom to explore and dream. Do not rush – this is not a race, but a journey of self-discovery.

Remember, it's not about where you are now – it's about where you want to go. Your calling might not surface immediately; it could take time. So, take this step towards discovering your extraordinary career, and remember, the best time to start is now.

### Personal Interests:

What are your favorite hobbies and pastimes?

What topics and ideas spark your curiosity?

What do you “geek” over? What could you talk about for hours?

Do you prefer spending time indoors or outdoors?

What hobbies do you enjoy?

## Personality & Work Style:

Are you more of an extroverted or introverted person?

Do you feel that talking comfortably to strangers is part of your nature?

Are you a leader or a follower?

Do you prefer to work alone or in a group?

Do you enjoy helping others or prefer to empower them to do things themselves?

Are you a thinker who focuses on ideas or a doer who takes action?

Are you a creative and artistic person or do you thrive with structure and routine?

## Skills & Strengths:

What are your current skills?

What's the talent that makes you stand out from others?

What are your strengths?

Do you have any special skill or knowledge? Be it a language, a photo editing skill, computing knowledge, or any kind of art skills?

What comes naturally to you?

### Career Interests:

What careers seem interesting to you? Why?

What job wouldn't feel like work to you?

What would be your dream job?

What are you particularly bad at?

What problem do you wish you could solve?

### Goals & Aspirations:

What do you want your typical workday to look like?

What are your dreams and aspirations?

What do you want to do before you die?

How do you want to be remembered?

What impact do you want to make on the world?

What's your ideal work-life balance?

What kind of lifestyle would you like to have?

Where do you want to be in the future?

### Education & Training:

What education or training do you need to fulfill your career goals?

Are you willing to further your education for this work?

What are your favorite classes, and why?

### Career Change Considerations:

Is this a career change? If yes, why are you making it at this point in your life?

Can you imagine doing this job or any job related to this career field 10 years later?

How happy are you with your current career?

How is your current job helping you develop your skills?

What jobs might you consider as a parallel plan? (Plan B, Plan C, etc.)

### Values & Job Satisfaction:

What motivates you and what bores you?

What would make you truly happy in a career?

How do you define success?

What are your values?

Which one is more important to you, a dream-fulfilling career or a job that satisfies your material needs?

How much do you think you'll love this job?

### Work Environment & Logistics:

Are you willing to travel for work?

Are you comfortable with sitting still for a long period of time?

Do you prefer working with people, animals, data, or books?

Are you willing to relocate for a better career opportunity?

### Financial Considerations:

How much do you want to earn?

How much do you actually need to earn?

Can this job support your basic needs?

How important is money to you?